

Rally Health

Newly Eligible Participants
1-877-818-5826



Requirements to Earn a Discount on Your Medical Premiums for the 2021 Plan Year:

Step 1: As soon as you are benefits eligible, log into the Employee Service Center site (ESC) (www.cbizesc.com) and complete the on-line benefit enrollment process.

Step 2: Upon receipt of your Medical ID Card from UnitedHealthcare, log into www.myuhc.com and register as a new user. At the main menu, select the Visit Rally Health & Wellness tab and complete the Rally Health Survey.

Step 3: Your medical plan premium discount will be applied to the last paycheck of the month following the month you and/or your spouse complete the Health Survey.

What is Rally Health?

Rally is a digital, personalized health experience available to UHC covered members on myuhc.com. Rally helps members make healthier choices and build healthier habits.

Rally can help you get healthier, one small step at a time, with personalized health and wellness recommendations.

Those who elect to participate in this program are eligible to earn a discount on their medical premiums. If you elect medical coverage for your spouse/domestic partner, they too, are eligible to participate and earn a discount.

Reminders:

- ❖ If you complete the UHC/Rally Health Survey in 2021 as a Newly Eligible Participant, you will receive the medical premium discount for the remainder of 2021 & all of 2022.
- ❖ If your spouse/partner is a covered dependent, they too are required to take the Health Survey in order to receive the medical premium discount.
- ❖ Associates will pay the non-discounted medical premium rates until CBIZ has been notified by UHC that you have completed the Health Survey. This process usually takes approximately 6 weeks.

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